**SOUTHEASTERN LIONS INVITATIONAL SCHEDULE**

**Friday 4/15:**

3:00pm            Men’s Hammer (followed by women’s hammer) at North Campus

 Hammer throwing field located off West Tornado, by soccer facility.

**Saturday 4/16:**

**Field Events:**

10:30am          Shot Put (Women followed by Men)

10:30am          Javelin (Men followed by Women)

12:30pm          Discus (Men followed by Women)

1:30pm            Women’s Long jump (followed by Women’s Triple Jump)

 Men’s Long Jump (followed by Men’s Triple Jump)

2:00pm            Men’s High Jump (followed by Women’s High Jump)

2:30pm            Women’s Pole Vault (followed by Men’s Pole Vault)

**Running Events:**

1:30                 4 x 100 relay

1:55                 1500 meters

2:30                 100hh/110hh

2:55                 400 meters

3:25                 100 meters

3:45                 800 meters

4:20                 400 hurdles

4:50                 200 meters

5:20                 3000 meters

6:25                 4 x 400 meters

**\*Running events will go on a rolling schedule.**

**\*Schedule is subject to change**